

# ***GA-956 Drill Team 2006 Handbook***

Drill Master: C/Capt Bryan Sartin

## **Drill Team: Section One**

### Amount of Practices

Practices for drill team will be held twice a week (ex. Tuesdays and Thursdays) on weeks not close to drill meets, and three to four times a week two to three weeks prior to drill meets. Practice will begin between the dates of 18 January-08 April 2006 under the SASI's (Colonel Hoff) discretion.

### Intensity of Practices

The program of practice this semester is called "deliberate training." We will begin practices starting from the basics of bearing and eventually move up to more advanced maneuvers as each technique is mastered. This will require 98% of practice to be devoted to only deliberate drill. Water breaks will only be

administered only when deemed necessary and will last no longer than three minutes. Only commanders of drill teams will critique all errors in drill. Constructed criticism will be used to correct the mistake by breaking down every single step of the movement (by the numbers) and focusing on the point of error, which will then be corrected. Bearing will be the primary focus during practices, since it is the key that can make or break a drill team. Before moving on to any other technique, every cadet must demonstrate proper bearing with shoulders held back, eyes straight forward, and standing straight up with arms on both sides. After all members have demonstrated this, then we will proceed to more difficult maneuvers.

### Practice Schedule

The following drill maneuvers will be taught in the following order and must be completed by all drill team members:

#### Unarmed Regulation Drill

- 1.bearing
- 2.position of attention
- 3.parade rest
- 4.present/order arms
- 5.facing movements
6. dress right dress/ready front
- 7.count off
- 8.open ranks/ close ranks march
- 9.forward march/halt
- 10.to the rear march
- 11.flanking movements
- 12.column movements
- 13.change step march
- 14.eyes right/ready front
- 15.close/extend march
- 16.right/left step march
- 17.counter march

The following will also be critiqued:

- 1.dress
- 2.cover
- 3.bearing (marching)
- 4.on step

### Armed Regulation Drill

- 1.all movements listed above (with rifle)
- 2.port arms
- 3.right/left shoulder arms
- 4.inspection arms
- 5.15 count manual arms

The following will also be critiqued:

- 1.dress
- 2.cover
- 3.bearing (marching)
- 4.angle of rifle at shoulder arms (90 deg.)
- 5.on step

### Exhibition Drill

If all cadets are able to comprehend all movements taught, then it may be possible to establish an exhibition armed or unarmed drill team. As it currently stands, the idea for this type of team is a bit farfetched, but it may be possible. If not, then selected cadets experienced in individual exhibition drill may be chosen to perform. These are the following areas that will be worked on in exhibition drill:

- 1.bearing-Did the cadet demonstrate military bearing throughout the performance?
- 2.difficulty-How hard were the movements demonstrated actually to perform?

- 3.accuracy-Was the cadet accurate in demonstrating the movement in the correct manner?
- 4.precision-Was the movement in cue with all of the other movements demonstrated?
- 5.individuality-How unique were the movements that were demonstrated?

## Color Guard

The color guard and drill team commander will select members to compete in color guard. Although color guard sizes may vary, the standard size is a four man color guard with two flags and two guards. Only two color guards will practice to compete in drill meets (8 cadets). The following requirements must be met by color guard:

- |                         |                          |
|-------------------------|--------------------------|
| 1.bearing               | 6.forward march/halt     |
| 2.position of attention | 7.right/left wheel march |
| 3.carry colors          | 8.colors reverse march   |
| 4.parade rest           | 9.eyes right/ready front |
| 5.present/order colors  |                          |

## **Drill Team: Section Two**

### Selection of Team Commanders

Only the drill team and color guard commander with the recommendation of the SASI will select commanders of drill teams and color guards. Each selected commander must demonstrate excellent bearing and set the example for his or hers subordinates. The commander must also have an effective command voice with inflection, loudness, projection, and

distinctiveness. No commander at any time will deter from training his or her team.

### Physical Fitness

Physical fitness is essential to being an effective member of the drill team. In order to meet physical standards to compete on drill team, all members will be required to do the following exercises: 25 sit ups, 25 push ups, 50 jumping jacks, and a 1 mile run (11:30min. females, 9:30min. males). All members will have the opportunity to build up their physical strength and endurance through physical training during practice, even if they are unable to meet the physical standards. All physical training during practice will also be done with rifles. Not only will physical training during practice build up everyone's strength and endurance, the discipline of all members will increase.

### Attendance

In order to maintain a balance for cadets attending practice, all members will be required to sign agreement that he/she will attend at least 60% of all practices that are held during the semester. All cadets who sign this agreement of attendance and do not abide by it will be denied the opportunity to compete in any drill meet.

### Expectations of Drill Team Members

When at practice, all members of the drill team will be required to practice drill. No member will be given any opportunity do anything that is not related to drill. Insubordination within the team will not be tolerated. All members will stay on task and listen to their commanders at all times. Members will also have to maintain a decent personal

appearance, because it has a major impact on the performance of the team. This means that all members must have the appropriate haircut and a uniform that is completely squared away. Finally, all cadets must be motivated to win, for esprit de corps is vital to the success of this team.

## Participation

Participation at practice and activities is very important, which requires the following quotas for each team to be met:

Unarmed regulation: 9-12 members

Armed Regulation: 9-12 members

Unarmed Exhibition: 9-12 members

Armed Exhibition: 9-12 members

Color Guard: 4 members

If practice numbers are at a minimum, then all attending members will have to compete in every competition that has been signed up for.

## Summary

The goal of the GA-956 2006 Drill Team is to start off fresh with a new team with new rules. All of the plans listed are vital to the existence of the drill team. The standards for this team must be set high in order to bring victory back home. Although these regulations may be a bit harsh, they are the very aspects that were missing in last year's team and what will make this year's team the best in the area.